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A+ SMOODDEES

simply all that, plus some...



SMOODDEE BASES

GREEN ORCHARD BURST

Ingredients: organic spinach, organic kale, fresh basil, organic chia seed, hemp hearts, milled flax seed, kiwi, dried white mulberries, spirulina, chlorella, organic green apple, organic lemon juice, pure pressed pineapple juice, lemon oil, extra virgin, first cold pressed olive oil

250ML 239 calories, 8g fat (100% plant based) 40g carbs, 27g sugars, 5.5g fiber, 5g protein, 12% Vitamin A, 131% Vitamin C, 9% Calcium, 13% Iron

BERRY BERRY BLAST

Ingredients: organic spinach, organic kale, fresh basil, organic wild blueberries, beets, kiwi, organic chia seed, hemp hearts, milled flax seed, dried white mulberries, spirulina, chlorella, organic lemon juice, pure pressed pineapple juice, extra virgin, first cold pressed olive oil

250ML 239 calories, 8g fat (100% plant based), 40g carbs, 26g sugars, 6g fiber, 5g protein, 12% Vitamin A, 129% Vitamin C, 9% Calcium, 14% Iron

APPLE GINGER

Ingredients: organic spinach, organic kale, fresh basil, organic chia seed, hemp hearts, milled flax seed, ginger, kiwi, dried white mulberries, spirulina, chlorella, organic green apple, organic lemon juice, pure pressed pineapple juice, lemon oil, extra virgin, first cold pressed olive oil

250ML 241 calories, 8g fat (100% plant based), 40g carbs, 27g sugars, 6g fiber, 5g protein, 12% Vitamin A, 131% Vitamin C, 9% Calcium, 13% Iron

CRANBERRY

Ingredients: organic spinach, organic kale, fresh basil, organic chia seed, hemp hearts, milled flax seed, beets, kiwi, frozen wild blueberries, frozen cranberries, spirulina, chlorella, organic lemon juice, pure pressed pineapple juice, extra virgin, first cold pressed olive oil

250ML 218 calories, 8g fat (100% plant based), 35g carbs, 21g sugars, 6g fiber, 4.5g protein, 6% Vitamin A, 112% Vitamin C, 8% Calcium, 14% Iron

GREENERY Low Glycemic/Diabetic Friendly

Ingredients: organic spinach (double amount), organic kale (double amount), fresh basil, organic chia seed, hemp hearts, milled flax seed, dried white mulberries, spirulina, chlorella, organic green apple, organic lemon juice, water, extra virgin, first cold pressed olive oil

250ML 130 calories, 7g fat (100% plant based), 13g carbs, 5g sugars, 4g fiber, 4g protein, 19% Vitamin A, 48% Vitamin C, 7% Calcium, 9% Iron

GREENERY BERRY Low Glycemic/Diabetic Friendly

Ingredients: organic spinach (double amount), organic kale (double amount), fresh basil, organic wild blueberries, beets, organic chia seed, hemp hearts, milled flax seed, dried white mulberries, spirulina, chlorella, organic lemon juice, water, lemon oil, extra virgin, first cold pressed olive oil

250ML 124 calories, 7g fat (100% plant based), 12g carbs, 4g sugars, 5g fiber, 4g protein, 12% Vitamin A, 50% Vitamin C, 9% Calcium, 11% Iron



PLUS

GREEN ALKALINE (spirulina, chlorella)
DIABETIC AIDE (Greenery, flax, cinnamon)
OMEGA (Berry Berry Blast, flax)
FIBER (chia seeds)
DIGESTION (ginger, chia, lemon)

SHINY RADIANCE (Greenery, lemon)

ENERGY (matcha, maca)

BALANCE (maca)

IMMUNITY (lemon, matcha, tea)

ANTI-INFLAMMATORY (turmeric, ginger, cinnamon)



CREAMERIES : ALMOND SHAKES

COCO

Ingredients: unsweetened almond milk, dates, pumpkin seed protein, cocoa powder, cinnamon

700ML 521 calories, 11g fat, 93g carbs, 66g sugars, 22g fiber, 23g protein, 95% magnesium, 74% calcium, 57% iron, 40% zinc.

COCO TAKE-AWAY 500ML 427 calories, 9g fat, 72g carbs, 50g sugars, 17g fiber, 24g protein, 97% magnesium, 75% calcium, 57% iron, 40% zinc.

COCO SLIM TAKE-AWAY 500ML 321 calories, 8g fat, 46g carbs, 30g sugars, 12g fiber, 22g protein, 109% magnesium, 52% calcium, 48% iron, 45% zinc.

COCO SLIM

Ingredients: unsweetened almond milk, dates, pumpkin seed protein, cocoa powder, cinnamon (low glycemic & diabetic friendly)

700ML 401 calories, 11g fat, 61g carbs, 40g sugars, 16g fiber, 22g protein, 95% magnesium, 70% calcium, 53% iron, 40% zinc.

VANILLA SPICE

Ingredients: unsweetened almond milk, dates, pumpkin seed protein, pure vanilla extract, cinnamon

700ML 445 calories, 8g fat, 79g carbs, 59g sugars, 17g fiber, 21g protein, 95% magnesium, 71% calcium, 47% iron, 40% zinc.

VANILLA SPICE TAKE-AWAY 500ML 427 calories, 8g fat, 72g carbs, 50g sugars, 17g fiber, 24g protein, 97% magnesium, 71% calcium, 47% iron, 40% zinc.

VANILLA SPICE SLIM TAKE-AWAY 500ML 266 calories, 7g fat, 34g carbs, 23g sugars, 9g fiber, 21g protein, 101% magnesium, 50% calcium, 44% iron, 45% zinc.

VANILLA SPICE SLIM

Ingredients: unsweetened almond milk, dates, pumpkin seed protein, pure vanilla extract, cinnamon (low glycemic & diabetic friendly)

700ML 310 calories, 8g fat, 43g carbs, 30g sugars, 11g fiber, 20g protein, 95% magnesium, 67% calcium, 43% iron, 40% zinc.

STRAWBERRY

Ingredients: almond milk, pumpkin seed protein, strawberries, dates

700ML 440 Calories, 6.5g fat (100% plant based), 90g carbs, 73g sugars, 13g fiber, 20g protein, 196% Vitamin C, 5% Calcium, 30% Iron

STRAWBERRY SLIM

700ML 252 Calories, 6.5g fat (100% plant based), 34g carbs, 21g sugars, 10g fiber, 20g protein, 195% Vitamin C, 5% Calcium, 29% Iron

**NEW
SPECIALTY
SHAKES**

ANTI-INFLAMMATORY

Turmeric
Ginger
Cinnamon
Almond Milk
Dates
Pumpkin Seed Protein

MATCHA CRÈME

Matcha
Maca
Almond Milk
Dates
Pumpkin Seed Protein

CAPPUCCINO

Espresso
Almond Milk
Dates
Pumpkin Seed Protein



HYDRAS

REGULAR HYDRA

Ingredients: organic spinach, organic kale, fresh basil, organic chia seed, hemp hearts, kiwi, dried white mulberries, spirulina, chlorella, organic green apple, organic lemon juice, water, coconut water, lemon oil, pure pressed pineapple juice, extra virgin, first cold pressed olive oil

500ML 160 calories, 3g fat (100% plant based), 30g carbs, 21g sugars, 3g fiber, 2.5g protein, 9% Vitamin A, 155% Vitamin C, 5% Calcium

HYPER HYDRA

Ingredients: organic spinach, organic kale, matcha green tea, fresh basil, organic chia seed, hemp hearts, kiwi, dried white mulberries, spirulina, chlorella, organic green apple, organic lemon juice, water, coconut water, lemon oil, pineapple chunks, pure pressed pineapple juice, extra virgin, first cold pressed olive oil

500ML 178 calories, 3g fat (100% plant based), 33.7g carbs, 23.5g sugars, 3.3g fiber, 2.6g protein, 9% Vitamin A, 176% Vitamin C, 5.3% Calcium

TROPI-HYDRA WITH PINEAPPLE

Ingredients: organic spinach, organic kale, fresh basil, organic chia seed, hemp hearts, pineapple chunks, kiwi, dried white mulberries, spirulina, chlorella, organic green apple, organic lemon juice, water, coconut water, pure pressed pineapple juice, lemon oil, extra virgin, first cold pressed olive oil

500ML 226 calories, 3.1g fat (100% plant based), 46g carbs, 33.3g sugars, 3.9g fiber, 3.3g protein, 12% Vitamin A, 189% Vitamin C, 6% Calcium

CHERRY HYDRA

Ingredients: organic spinach, organic kale, fresh basil, organic chia seed, hemp hearts, cherries, wild blueberries, kiwi, dried white mulberries, spirulina, chlorella, organic green apple, organic lemon juice, water, coconut water, pure pressed pineapple juice, lemon oil, extra virgin, first cold pressed olive oil

500ML 172 calories, 3g fat (100% plant based), 37g carbs, 27g sugars, 4.8g fiber, 2.4g protein, 12% Vitamin A, 189% Vitamin C, 6% Calcium, 9 % Iron, 5% Vit B3, 13% Vit B6